Alcor Life Extension Foundation Newsletter

Your source for insider's info

Issue: #110

CRYOPRESERVED

March 2012

Alcor Buliding

Subscribe/unsubscribe information is at the end of this newsletter.

HOW TO BECOME AN ALCOR MEMBER

Becoming an Alcor member is easy and surprisingly affordable, if you are in good health and eligible for life insurance, which will pay for your cryopreservation.

If you are not insurable, other financial arrangements can be made. Please ask us for details or visit the link below.

ALCOR MEMBERSHIP INFORMATION AND ENROLLMENT INSTRUCTIONS

To find out about: Alcor Training Sessions; Regional Cryonics Meetings as well as Non-Alcor Events in your area, please visit: the UPCOMING EVENTS page on our website.

ALCOR IS ON FACEBOOK

the Alcor Foundation. ALCOR CO-FOUNDER FRED CHAMBERLAIN IS

You may email any questions or comments to membership@alcor.org.

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Fred at the Grand Canyon

Fred Chamberlain III who, with his wife Linda, incorporated Alcor in 1972, was cryopreserved by Alcor on March 22, 2012. One week earlier, Fred relocated from Florida to a Scottsdale hospice. This allowed us to watch over him and respond immediately when needed. We believe that Fred received an excellent cryopreservation. We will have more dedicated to Fred in the issue of *Cryonics* magazine currently in production.

Linda Chamberlain, has released a document <u>OdeToFred</u> to announce his cryopreservation and honor him:

"One of our great intellectual and emotional bonds was our interest in technological means of extending life. Fred and I incorporated the Alcor Life Extension Foundation in 1972; the minutes of those early Alcor meetings can be viewed by those who might be interested. Many details from those early years are available on Wikipedia."

ASSOCIATE MEMBERSHIP

Introducing a new class of Alcor member

Supporters of Alcor who are not yet ready to make cryopreservation arrangements can now become an Associate Member by paying \$10/month. Associate members are members of the Alcor Life Extension Foundation who have not made cryonics arrangements but financially support the organization. They will:

• receive Cryonics magazine

If you would like to connect with Alcor members and supporters then visit: OFFICIAL ALCOR FACEBOOK Become a fan and encourage interested friends, family members, and colleagues to support us too!

Like us on Facebook

DONATIONS ACCEPTED ON ALCOR WEBSITE

Now our valued supporters can make a charitable donation anytime just by clicking the "**Donate**" button on the Alcor website.

Alcor has a long, proud tradition of innovation and technical excellence in the field of cryonics. Your gift will make a difference in our quest for better cryopreservations.

Your decision to <u>DONATE</u> is sincerely appreciated. Remember donations are tax deductible.

ALCOR NEWS BLOG

Don't forget! You don't have to wait for this monthly newsletter to learn more about happenings at Alcor.

- discounts on the conference
- access to the Alcor Member Forums
- reduced or waived (after one year of associate membership) sign-up fees if they do decide to become full members.

We will encourage members who are having to drop their arrangements temporarily due to reduced income to remain as Associate Members.

Associate membership is \$10/month (or \$30/quarter, or \$120 annually). Send a check or money order to Alcor Life Extension Foundation, 7895 E. Acoma Dr., Suite 110, Scottsdale, Arizona 85260 or call D'Bora Tarrant at (480) 905-1906 ext. 101 with your credit card information. Or pay online using PayPal. There will be a dedicated PayPal button for this soon but, for now, please use the Donate button and note in the comment field what the payment is for. You do not need a PayPal account to make an online donation to Alcor (however, your browser will need to accept a harmless PayPal cookie or you will get an error message). If you want to receive Cryonics magazine, be sure to include your name and mailing address.

CEO REPORT

Communicating Cryonics

Planning for the Alcor-40 conference continues to move ahead. We announced the date and venue and will send out a "Save the Date!" notice shortly. I have outlined a schedule, gathered a list of potential speakers, and have started inviting some of them. Initial invitations are tentative since we are likely to have more potential speakers and topics than available slots.

The recent BIL 2012 conference, held on the Queen Mary in Long Beach on the weekend of March 4-5, drew some 800 people. This "unconference" informal companion to the TED conference attracted a diverse group of people who nevertheless seemed predominantly creative, enthusiastic about creating better futures, and technologypositive. Bonnie Magee organized local Alcor members to volunteer at our table, situated fairly close to the main entrance, where we talked to interested passersby and handed out information packs and copies of *Cryonics*.

My talk on cryonics followed immediately after that of Aubrey de Grey, and was titled "Join the 0.00002% and Live". Along with Bonnie and the Alcor volunteers, I was able to seriously talk about cryonics and Alcor with many people over the weekend. Unexpectedly, I sat down at lunch on that Saturday with someone I had never met. By the end of lunch, she said she was definitely going to join Alcor and that she didn't understand why everyone wasn't doing so. Where can we find more of these "naturals"?

We've had some interest from Canada recently, taking two forms: I was interviewed on February 21 by a writer doing a piece on cryonics for the Canadian Medical Association; and on March 13 the Radio Canada show, Histoire d'objets conveyed a bit of what we do, based around the idea of the freezer (their object of focus for that show).

In a previous report, I noted my cryonics talk at the SENS5 conference in Cambridge. The video of that talk just became available online: Here are two links:

http://exponentialtimes.net/videos/max-more-cryonic-life-extensionsens5_ For the most up-todate information throughout the month. Check the <u>Alcor News Blog</u> http://www.fightaging.org/archives/2012/03/sens5-video-max-more-on-the-necessity-of-cryonics.php

If you live here in the Phoenix area, you can now pick up a copy of the Top Doctors special issue of Phoenix magazine, which includes an illustrated interview that I did with them a few weeks ago. The story is: "Death (un) Ltd. What happens to your body after death? Probably what you expect. Or maybe not - after all, this is Arizona." Several pages of the article are devoted to Alcor, including several photos. The treatment is remarkably positive and accurate.

Also in the area of communication, I'm supporting an initiative by Aschwin de Wolf and Steve Bridge to produce a Best of *Cryonics* Magazine book. While he was in town this week, Aschwin and I visited our printer, were given a tour, and selected paper stock and binding style for both a paperback and limited hardcover version. The goal is to have the book available for the Alcor-40 conference in October. A twopart story, "Spending eternity in liquid nitrogen", in the Canadian Medical Association journal was less favorable, with the writer insisting on referring to our patients as "corpses", rather than the more neutral "bodies".

Cost Analysis and Control

Bonnie and I have met with M&I Bank reps to find alternatives to existing expensive accounts for prepaid funds. With input from Hugh, I have met several times with the architect who was involved in moving the patient care bay six or seven years ago. This is to get a reliable estimate of the likely costs of expanding the patient care bay. Hugh and I have also estimated how long it may be until that expansion is needed.

Europe

We are moving ahead with building Alcor's capabilities in Europe, starting with Great Britain. We are ready to ship the neuro dry ice shipper box to London, are evaluating the previous designs for whole body dry ice shippers, and expect to have all elements of the plan in place in the next month.

Resilience

When power went down this week at Alcor (and in a wide radius around us), we discovered that the backup uninterruptible power supply for the server was not even connected to the server. Our regular backup generator was working well. However, the incident prompted Lisa Shock to ask about regular emergency preparedness checks. We will be reviewing and improving emergency plans and holding checks on a regular basis henceforth.

We are relieved that one of Alcor's previous two contract surgeons appears to have recovered his health. Even so, we have talked to two new surgeons, and will ask them to observe our next cryopreservation case (which we expect to be in the next couple of weeks).

Research

I have been involved in quite a bit of discussion about possible research projects. One of those - which will include, but not be limited to, testing our UK protocol - should soon be put before the Research Committee.

Max More, PhD President & CEO

ALCOR-40TH ANNIVERSARY CONFERENCE

Five years have passed since Alcor held a conference. 2012 is also Alcor's 40th year. That means it's time to hold a conference this year. The date and venue are now settled:

When: Friday, October 19 to Sunday October 21, 2012.

Where: Scottsdale Plaza, 7200 North Scottsdale Road, Scottsdale, AZ 85253.

Rooms are \$159/night for single and double rooms.

Registration rates will be decided soon.

The conference is an excellent forum where Alcor members and friends can catch up with one another, learn about the latest thinking in cryonics, and visit Alcor. At the same time, my goal is to keep expenses under control, aiming for the event to pay for itself.

Which speakers and topics would appeal to you? Our budget for speaker expenses will be extremely limited, but don't assume that a well-known speaker will not be available without speaking fees.

Rather than cramming in as many speakers as possible, there will be ample time between sessions. The conversation and networking opportunities are one of the most valuable aspects of conferences.

NEW ALCOR WEBSITE

This week Alcor is launching a new version of its main website at <u>www.alcor.org</u>. This is the first major change to the appearance and navigation of the site since the extensive revamping in 2003. The site content remains the same, but the presentation and organization are improved. Content growth over the past decade had made the once-clear-and-simple menu system of the old site more difficult to use. The new pull-down menus make the rich site content easier to locate and navigate. The new site is also integrated with social sharing networks, and includes feeds from <u>Cryonics</u> magazine and <u>Alcor News blog</u> on every page. It <u>explains more clearly</u> the various media by which Alcor now communicates, including <u>Facebook</u>, <u>Member Forums</u>, RSS feeds, and email subscription options. The new site is the product of months of development by Alcor's all-volunteer Website Working Group.

Alcor has come a long way since its first CompuServe account in 1986, BBS in 1987, and first website in 1995. Continue the journey with us on our new website.

CRYONICS JANUARY-FEBRUARY 2012

The January-February 2012 issue of *Cryonics* marks the return of Alcor's magazine as a bi-monthly professionally printed publication. This issue features two major articles on cryonics and brain-threatening disorders. The first article, by *Cryonics* editor Aschwin de Wolf, provides a framework for thinking about identity-destroying brain diseases and discusses what Alcor members can do to prevent them from threatening your cryopreservation. Alcor staff member Mike Perry returns to the topic of brain-threatening disorders and presents his updated findings on the options available to cryonicists who have been diagnosed with such a disease, (like Alzheimer's).

After being CEO at Alcor for one year, Alcor CEO and President Max More reflects on his Alcor experience to date and we get a look into the interesting career of one of the pioneers of transhumanism. Another Alcor veteran, Russel Cheney, contributes an article about the importance of "superfunding" your cryopreservation arrangements.

READINESS AND TRANSPORT REPORT

Case Report A-1608

The case report for <u>Paul Garfield, A-1608</u>, has been published to Alcor's website. This case was a joint effort between Alcor and Suspended Animation.

Perfusate and Washout Solutions

Premixed M22 and B1 solutions are at capacity.

Patient Lift Assist

The patient lift assist is about 85% completed. All of the welding and fabrication has been completed. Once the top tray and handle have been attached all that remains is to do is some basic max load testing. Then it's off to the powder coater for a nice shiny, durable finish. It's possible we may have use of this piece of equipment for our next case. Neuro Shipper

Neuro Shipper Case

The international neuro shipper case has been completed and is packed and ready to ship.

ADMINISTRATIVE REPORT

Membership Statistics

Alcor had 959 members on its Emergency Responsibility List. Four memberships were approved during the month of February, one membership was reinstated, two memberships were cancelled and no members were cryopreserved. Overall, there was a net gain of three members in February.

Applicant Statistics

Alcor had 42 applicants for membership. Six new applicants were added, four applicants were converted to members and two applicants were cancelled resulting in no net loss or gain of applicants in February.

Information Packet Statistics

Alcor received 86 info pack requests in February. Thirteen were handed out during facility tours or from special request. The average total of 92 info packs sent per month in 2012 compares to 104 in 2011. The full Information Packet is now available online.

NEXT ALCOR BOARD OF DIRECTORS MEETING

The next <u>Alcor Board of Directors</u> meeting is scheduled for **Saturday**, **April 7, 2012**, at 11:00 AM (PDST) at the Alcor facility (7895 East Acoma Drive in Scottsdale, AZ). Members and the public are encouraged to attend.

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Re: News from Alcor March 2012

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